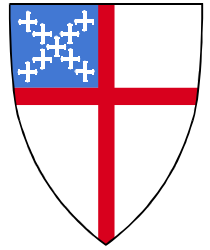


*Saint*  
**Matthew's**  
Episcopal Church



201 East Frederick Drive • Sterling, VA 20164

## August 2010 Newsletter

### FROM THE ASSISTANT RECTOR ANNE MACNABB



What's your mission?

While most people spend their summers slowing down, taking a break and finding time to regroup, St. Matthews spends the summer working to help people and change the world through mission.

This year, in true Saint Matt's style, our children led the way. We began with Heidi Lathrop leading our group of children around the greater Sterling area in our week of Mission Possible. We had 32 campers and 15 adult volunteers doing everything from working in the Thrift Store cleaning and organizing everything to cleaning up Briar Patch Park just across the street from our church. The week was filled with fun events and service projects in an effort to show our children in 2<sup>nd</sup> through 6<sup>th</sup> grade that they, too, can make a difference in the world and that they, too can do mission work. God's purpose was seen each day and while not every job seemed exciting on the front end, each day everyone reflected on their good work and how God was present in the task.

As I write this, our Nashville mission team is preparing for departure. We have a whopping 42 people – teens and adults going to Nashville to work in that community. What is interesting to me is that we planned to go to Nashville this summer long before the massive flooding hit in the spring. It's always miraculous to see God's work and as He cares for His people. Our mission team will be working in local charities helping to clean up from the flood damage, preparing and serving meals at local food banks and the Salvation Army, helping at the Boys & Girls Club and Y-CAP camps, and doing relational ministry to share God's love for all.

From August 8 through 14, we have twenty-four people traveling to Haiti to help with Haiti relief. Again, we know that God has inspired this trip. In December of 2009, the Vestry of St. Matthew's had funds designated for "relief" that we, frankly, were unclear on how to spend. After some thoughtful prayer, the Vestry decided to send it to our Episcopal missionary in Haiti. After she was contacted and informed that we were sending her money, the earthquake hit on January 12. Subsequently, we decided that our summer foreign mission trip really needed to be to Haiti so we could really do the most good in a country where so much devastation has happened.

While we don't all go on mission trips every year, we do all have a mission from God to reach out and help those in need. So... what's your mission? How has God inspired you to help? Maybe you aren't sure how to answer that question yet. Just like our trip to Nashville and our Haiti relief efforts, we didn't know when we made those decisions how necessary they would be. We just prayerfully made those decisions. We didn't discover God's hand in them until later. Sometimes we have to have a "just do it" mentality and later, once decisions have been made, and ministry is complete, we discover God's hand and purpose in it all. So, again, what's your mission?

Faithfully,

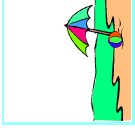
Anne+

#### INSIDE THIS ISSUE:

<i>August Calendar</i>	2
<i>Building Committee Update</i>	3
<i>Capital Campaign Update</i>	4
<i>Jr. Warden Update</i>	5
<i>Special Event</i>	6
<i>Keeping in Touch</i>	6
<i>Dining Out</i>	7



# August



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>8 am Eucharist Rite 1 9:15 am Contemporary Eucharist 10:30 am Eucharist Rite II 3 pm MCVN 7 pm Prayer Group 6 pm LOL Service</p>	<p>2</p> <p>7 pm MCVN 7:30 pm Finance Committee 7:30 pm Free to Live - NA</p>	<p>3</p> <p>7 pm AA 7 pm Band Rehearsal</p>	<p>4</p> <p>12 pm AA</p>	<p>5</p> <p>6 pm Interior Renovation</p>	<p>6</p> <p>7 pm Ministerio Cristiano Vida Nueva</p>	<p>7</p> <p><b>Mission Trip: Haiti</b> 7:30 am Men's Group 8 am Fellowship Breakfast 7 pm AA and MCVN</p>
<p>8</p> <p><b>Mission Trip: Haiti</b> 8 am Eucharist Rite 1 9:15 am Contemporary Eucharist 10:30 am Eucharist Rite II 3 pm MCVN 6 pm LOL Service 7 pm Prayer Group</p>	<p>9</p> <p><b>Mission Trip: Haiti</b> 7 pm Ministerio Cristiano Vida Nueva 7:00 pm Youth Leadership 7:30 pm Free to Live - NA</p>	<p>10</p> <p><b>Mission Trip: Haiti</b> 7 pm AA 7 pm Band Rehearsal 7 pm Outreach</p>	<p>11</p> <p><b>Mission Trip: Haiti</b> 12 pm AA</p>	<p>12</p> <p><b>Mission Trip: Haiti</b> 7 pm Building Committee</p>	<p>13</p> <p><b>Mission Trip: Haiti</b> 7 pm Ministerio Cristiano Vida Nueva</p>	<p>14</p> <p>7:30 am Men's Group 10 am Knit 2, Prayer 2 7 pm AA and MCVN</p>
<p>15</p> <p>8 am Eucharist Rite 1 9:15 am Contemporary Eucharist 10:30 am Eucharist Rite II 3 pm MCVN 6 pm High School LOL 7 pm Prayer Group</p>	<p>16</p> <p><b>Mission Trip Fundraiser: Baja Fresh</b> 7 pm Ministerio Cristiano Vida Nueva 7:30 pm Free to Live - NA</p>	<p>17</p> <p>7 pm AA 7 pm Band Rehearsal 7 pm Vestry</p>	<p>18</p> <p>12 pm AA</p>	<p>19</p> <p>No scheduled events</p>	<p>20</p> <p>7 pm Ministerio Cristiano Vida Nueva</p>	<p>21</p> <p>7:30 am Men's Group 8 am Scrapbooking Workshop 7 pm MCVN and AA</p>
<p>22</p> <p>8 am Eucharist Rite 1 9:15 am Contemporary Eucharist 10:30 am Eucharist Rite II 3 pm MCVN 6 pm High School LOL 7 pm Prayer Group</p>	<p>23</p> <p>7 pm Ministerio Cristiano Vida Nueva 7:30 pm Free to Live - NA</p>	<p>24</p> <p>7 pm AA 7 pm Band Rehearsal</p>	<p>25</p> <p>12 pm AA</p>	<p>26</p> <p>7 pm Building Committee 7 pm Knit 2, Prayer 2</p>	<p>27</p> <p>7 pm Ministerio Cristiano Vida Nueva</p>	<p>28</p> <p>7:30 am Men's Group 8:30 am Wedding 7 pm AA 7 pm MCVN</p>
<p>29</p> <p>8 am Eucharist Rite 1 9:15 am Contemporary Eucharist 10:30 am Eucharist Rite II 3 pm MCVN 6 pm High School LOL 7 pm Prayer Group</p>	<p>30</p> <p>7 pm Ministerio Cristiano Vida Nueva 7:30 pm Free to Live - NA</p>	<p>31</p> <p>10 am Dig a Little Deeper 7 pm AA 7 pm Band Rehearsal</p>	<p>1</p> <p>12 pm AA</p>	<p>2</p> <p>6 pm Interior Renovation</p>	<p>3</p> <p>7 pm Ministerio Cristiano Vida Nueva</p>	<p>4</p> <p>7:30 am Men's Group 8 am Fellowship Breakfast 7 pm AA and MCVN</p>

# BUILDING PROGRESS UPDATE

JOHN MARTIN



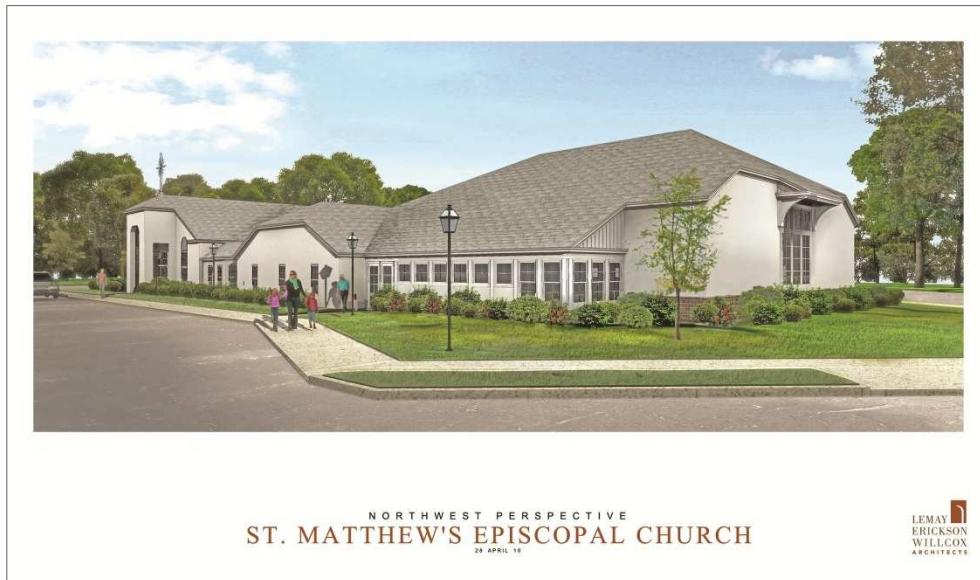
To everyone participating in our “Making Space to Share” capital campaign – THANK YOU!!! If you haven’t had a chance yet to make a pledge and participate in this program, please do. See the Capital Campaign update on page four of this newsletter for more information.

The building project itself is moving forward with the following activities:

- **Site plan:** We are nearing approval of our Site Plan and hope to obtain our grading permit in August!
- **Building design:** We nearing approval of our Site Plan and hope to obtain our grading permit in August! Our architect and engineers are scheduled to complete the design by the beginning of August. Note that we will be replacing our existing heating and air conditioning system in the offices and parish hall with a “greener” more efficient system.
- **Building permit:** The building plans will then be submitted to Loudoun County for review, which will eventually lead to a permit (in September, we hope!).
- **Construction bid:** The final plans will be reviewed by our contractor this month and bid by his subcontractors to produce a construction price that will be within our budget.
- **Construction:** We are working with Sully Construction on the sequencing of construction (including site work, utilities, and building renovations) which will allow us to continue to worship in our Sanctuary and stay in our building throughout the construction period of 9 to 10 months.

In summary, with your gracious support, we hope to start construction very soon! When complete, we’ll have a renovated and expanded facility that will include new and larger restrooms, a commercial-grade kitchen, a larger parish hall, new classrooms, as well as space for the flower ministry, Altar Guild, choir, and other groups. Our HVAC system will be upgraded, a sprinkler system will be installed for the entire building, and we’ll see some minor landscaping improvements. A later phase may include expansion of sanctuary space.

If you have questions or would like additional information about the building program, please ask any member of the Vestry, contact the church office at 703-430-2121, or visit our website <http://www.stmatthewssterling.org/>. Please keep St. Matthew’s in your prayers. God bless you!



Northwest Rendering

We should give as we would receive, cheerfully, quickly, and without hesitation;  
for there is no grace in a benefit that sticks to the fingers. ~Seneca

# MAKING SPACE TO SHARE CAPITAL CAMPAIGN

RICHARD LEACH



As we all know, our goal for our building expansion capital campaign is to raise at least \$1 million. Our stretch goal is to raise \$1.2 million.

As of July 20, 2010, we have received pledges for \$874,856. These pledges are from 108 families. If you have made a pledge to our Making Space To Share campaign, THANK YOU!!

We have 300 families that attend St. Matthew's. If you have not yet made a pledge, we need your help. This campaign is a three year campaign, thus the pledge you make is payable over three years. Any pledge amount will help. I urge you to pray about this campaign, listen to God, and make a pledge. In order to secure our construction loan, we need your pledge sooner rather than later.

Pledge cards can be obtained from the church office or from Richard Leach. Please return pledge cards to the church by placing it in the plate on a Sunday morning, mailing it to the church office, or hand it to Richard Leach.

Thank you for your interest in our Making Space To Share Capital Campaign. If you have questions, I would be happy to address them.

---

## CONFIRMATION CLASS

RICHARD LEACH

Bishop Shannon Johnston will visit Saint Matthew's on Sunday, October 31, 2010. One of the purposes of the Bishop's visit is to perform the sacramental rite of confirmation. Confirmation, which is the expression of a mature commitment to Christ, signifies that one is ready to take on new responsibilities within the Church. Confirmation is normally a sacramental rite for teens and up.

To prepare for confirmation, a confirmation study will be held at the church from 6:30 p.m. to 9:00 p.m. on Friday, October 29, and from 9:00 a.m. to 3:00 p.m. on Saturday, October 30 (lunch will be provided). This study is mandatory for those wishing to be confirmed but is open to anyone. This study is an excellent way to learn more about the Episcopal Church. Those wishing to attend this study should fill in their details on the sign-up sheet on the Spiritual Formation bulletin board in the parish hall. In addition, for those wishing to be Confirmed, a Confirmation application form should be completed and returned to the church office. The forms can be obtained from the church website (under the "Online Forms" link), or by contacting Richard Leach or Miriam Turner.

For more information on confirmation please contact Richard, Rob, Anne, or Miriam.

---

## EPISCOPAL CHURCH CLASS

RICHARD LEACH

### Wednesday WATCH Class on the Episcopal Church

Are you interested in learning more about the Episcopal Church? Now is your chance.

This Fall, prior to the Bishop's annual visit, we will offer a five week course on the Episcopal Church. This course will be aimed at adults and will be an excellent way to learn more about the Episcopal Church. For those who have been confirmed in another denomination, this course would allow you to be received by the Bishop into the Episcopal Church during his visit on October 31, 2010.

The course will run each Wednesday from September 29 – October 27, 2010. Each session will be from 7:00 p.m. to 8:30 p.m. Due to the anticipated construction, we will be unable to serve supper preceding the class.

For more information regarding this course, please contact Anne MacNabb or Richard Leach.

# JR. WARDEN UPDATE

DARRELL BREED



By the time you read this newsletter, the schedule for moving ahead with the renovation of our building will probably have been announced. Demolition and construction will soon begin and although every effort will be made to limit inconveniences for our parishioners there will inevitably be some disruptions to our normal routines. Anyone who has under taken a remodeling project at home can appreciate the dust, noise, and temporary sacrifices that have to be tolerated in the short term to reach the ultimate goal of better living space. Those hassles will be magnified for St. Matthews as we continue to carry out the ministries that are so much a part of who we are.

I especially want to make everyone aware of an issue that is sure to arise. Storage space has always been a problem for our church family and it is about to reach critical mass. Some of our existing storage areas will have to be cleared out in order for construction to proceed. Where will we put all that “stuff” until our new storage spaces are available? Eventually we will have more storage than we currently have but for now we will simply not have enough space to put everything. Our shed is already crammed full of bulky items that are used on an infrequent basis.

I can't stress enough the need for cooperation and understanding from all as we proceed through the many steps that will occur as the project unfolds. Sometimes it seems we focus on our own ministries and consider them more important than those of some other folks. Every ministry is important and I would ask that we do our best to work with each other to share the limited resources we will have available until the renovation is complete. Being considerate of the needs of others will not only be helpful in the short term, it will help us grow into an even stronger community that will bear much fruit in the future.

The Vestry and I will be exploring ways in which to deal with our space issues over the next few months. In the meantime there are several things you can do to help us. First, if you have any vacant space you can share where we could temporarily store some bulky items such as coolers, folding chairs, tables, etc it would help us immeasurably. We have many items that are used on an infrequent basis though when needed are an important part of some activity. Just let me, or one of the other Vestry members, know you have space to share and we will follow up with you to see how that space could best be used. Second, please do not bring any new items to the Church to be stored. If we don't have it now, we probably won't have any place to put it during the renovation. If you could keep it at your home for now it would be most helpful. Third, please don't solve your storage problem by adding to someone else's. Piling something on top or in front of another ministry area's materials will mean digging through your stuff to reach something else. Ultimately, everything will get mixed up and we will all have difficulty finding what we need.

Finally, remember the golden rule as we deal with the renovation and each other. If you have a problem, talk to me or Father Rob so we can try to help work things out. I can be reached at 703-444-2451 or by email at [darrellandmerry@verizon.net](mailto:darrellandmerry@verizon.net).

---

## KNIT 2, PRAYER 2

KATHY GAMBEE

Our ministry brings together a group of parishioners who create a variety of knit or crochet goods while praying. Our knitters and crocheters begin each prayer shawl or baptismal blanket with prayers and blessings for a future known or unknown recipient. Prayers are continued throughout the creation of the shawl or blanket. When the shawl or blanket is completed, K2,P2 hands are laid on them in prayer. You may have seen some of our work blessed at the altar by Father Rob or Anne.

The Knit 2, Prayer 2 Ministry hopes all who receive our prayer shawls and baptismal blankets will be gently surrounded by God's love, enfolded in our prayers and embraced by its warmth. Since we began our ministry in January 2009, over 25 parishioners, their family members and friends have received shawls/blankets.

K2,P2 has also made a commitment to Making Space to Share. We will operate a booth at the Autumn Fair & Craft Festival at Claude Moore Park on September 25<sup>th</sup>. Our team is making scarves, hats, sweaters, market bags and many other handmade goods (placemats, quilts, etc.) to sell at the Festival. We invite all who are interested in our ministry to join us in the St. Matt's Trailer the 2nd Saturday morning at 10 am and 4th Thursday evening at 7pm every month. If you have handmade goods you wish to donate to Making Space to Share craft booth, please bring your completed items to our K2,P2 meetings on Saturday, August 14<sup>th</sup> at 10 am and Thursday night, August 26<sup>th</sup> at 7 pm.

We offer special thanks to Pat Guenther who embroidered our new K2,P2 logo on workbags for our group. How lucky we are to have such resourceful, talented and dedicated parishioners!

## Calling all Scrapbookers and Crafters!

Join Carol's Crops and your Saint Matthew's friends on  
Saturday, August 21st for an  
All Day - All Night - Crop Till You Drop

**Time:** 8am - Midnight (or later)

**What:** Fun day of Scrapbooking and Crafting, including a goody bag, door prizes, and technique demonstrations.

**Where:** Here at Saint Matthew's

**Cost:** \$60, or \$50 if you pay before August 1st - proceeds to benefit the Making Space to Share Campaign

**Contact to Register:**

Carol Nunez at [carol@carolscrops.net](mailto:carol@carolscrops.net) or 703-304-4621



Pat Pritchett will be serving overseas for the next year. Please stay in touch with him through emails or cards.

[zipsix123@hotmail.com](mailto:zipsix123@hotmail.com)

Patrick Pritchett  
Unit 2068 Box 68  
APO AE 09870-2068

\*If your loved one is serving away from home and you would like us to keep in touch, please send their contact information to Miriam in the church office.

## INTERCESSORY PRAYER LIST

MONA COSGROVE



The Saint Matthew's intercessory prayer list is for those in or related to our community who are in need of prayer. It is designed so that members of our community can pray for each other on an ongoing basis. In order to pray for those on the list, simply ask God to be with them and help them in any way needed - God knows what is going on, so we don't need to. All requests for prayer may remain anonymous and will remain on the list for 60 days. After that time, they will be removed from the list but can be relisted at any time.

Please pray for the following people:

Mary Kathryn, Margarete, Garland, Ray, Becky, Kim, Isaac, Christina, Jackson, Karen, Robin, Ken, Katerina, Omar, Aiden, Lori, Ilda, Sonia, Allison, Jenny and family, Barb, Matt, Kelly, David, Kenny, Mary Alice, Maggie, Elliott, Sean, James, Mel, Andy, Michael, Karin and Family, Andre, Marcus, Althea, Elliott, Sandi, Andrew, Becky, Lois and Mike, Robyn, Ms. Cattera, Jody, Clay, The Stallings Family and Anne, Marshall, Debbie, Bob, Patrick, Shirley, Robert, Cindy, Fred, Joe, Wanda, Gladys, Diane, Ed, Johnny, Gerry, Correll, Thomas, Mangano Family, Charlene, Brenda, Kathy, Mabel, Christina, Sybil, Dessie, Carey, Lisa, Sean, Kate, Mel, Barb, Lisa, Bill, Kevin Ray, Marie, Becki, Bob, Dorothy, Jackie, Ruth, Brian, Reggie, Kristan & Family, Andrew, Taylor, Amare, Pat, M.J.'s Grandmother, St. Matthews' Missionaries, Terry and Family.

# GOOD SEARCH

RICHARD LEACH

Did you know there is a painless way to raise money for Saint Matthew's? It is called Goodsearch. Saint Matthew's will receive funds if you use Goodsearch in two ways:

- (1) As a search engine - Saint Matthew's will receive one penny for each internet search you make
- (2) For on-line purchases - if you make on-line purchases through Goodsearch, Saint Matthew's will receive a percentage of your purchase from the Goodsearch vendors.

Using Goodsearch is easy:

- (A) You can find it at [www.goodsearch.com](http://www.goodsearch.com)
- (B) After arriving at the home page - where it asks you to enter your charity here...type "st matthews" (no period and no apostrophe) and hit Verify.
- (C) Scroll down the list of names until you find St Matthew's Episcopal Church (Sterling, VA) and click on it.
- (D) Then search away or purchase away (the vendors are shown under Goodshop).

Please give it a try. It will not cost you anything and yet it will bring some needed revenue to Saint Matthew's.

---

# ENDOWMENT FUND

RICHARD LEACH

The Vestry and Finance Committee has agreed to establish an endowment fund for Saint Matthew's. An endowment fund is a financial instrument whose goal is to have the principal live in perpetuity and fund ministry activity via income derived from principal investment.

You can help fund the endowment fund. Funding sources will include:

- Celebrating a special event in the life of your family with a gift
- Providing a gift as a memorial to an individual
- Making a bequest from your estate to the endowment fund

All of these endowment fund donations will allow the gift to "live forever". And, you will have the satisfaction of knowing that the income from your gift will be funding ministry work here at Saint Matthew's.

As you plan your financial future, please remember our Saint Matthew's endowment fund.

If you have any questions, please contact Richard Leach ([rpleach1226@aol.com](mailto:rpleach1226@aol.com) or 703-421-6310).



## SAINT MATTHEW'S DINING OUT

A  
special thanks

to everyone who came out to Famous Dave's BBQ on Monday, July 12th to enjoy some down home cooking. We are thrilled to announce that we raised over \$373 for our Mission Trip Fund - our largest dining out event of the year!

Let's keep the momentum going by getting together on Monday, August 16, at Baja Fresh. The restaurant is located at 20960 Southbank Street, on the corner of Palisades and Cascades.

We hope to see you there!

---

### LINK Collection Month

During the month of August, St. Matthew's will be collecting supplies for the LINK food pantry. Please pick up a bag in the narthex and fill it with non-perishable food items and return it to the parish hall.

All donations are welcome, but specific needs at the pantry include: jelly, canned meat, rice, Hamburger Helper, spaghetti noodles, soup, beans, cereal, pears, peaches, oatmeal, toilet paper, paper towels, toothpaste, soap, shampoo, deodorant, diapers (size 4, 5, 6 and pull ups ).

Saint Matthew's Episcopal Church  
Cameron Parish

Clergy & Staff

Rector

The Rev. C. Rob Merola Jr.  
DaddyRob88@aol.com

Assistant Rector

The Rev. Anne MacNabb  
ASCMacNabb@aol.com

Director of Music Ministry

Ray Mueller  
RFMueller@fcps.edu

Parish Administrator

Miriam Turner  
OfficeManager@stmatthewsterling.org

Wardens & Committees

Senior Warden

Ed Goloway  
edgoloway@falconsresidents.org

Junior Warden

Darrell Breed  
Darrellandmerry@verizon.net

Community

Mary Petersen  
MJPTeach@yahoo.com

Outreach

Cathy Paine  
Painecj@verizon.net

Pastoral Care

Luanna Hansberger  
Nappie5@yahoo.com

Spiritual Formation

Vicki Nelson  
van@sacklaw.com

Sunday School

Mylene Nyman  
Mylene.Nyman@gmail.com

Youth Group

Pete Hart  
PFHart@gmail.com

Services

Sunday Service Times  
8:00 a.m. 9:15 a.m. 10:30 a.m.

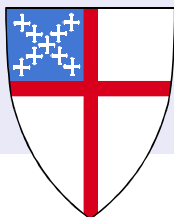
LOL Youth Service

Sunday 5:30 p.m.

Phone: 703-430-2121

Fax: 703-430-2635

www.stmtts.org



## Mission Possible 2010

Our 6th year of Mission Possible was a tremendous success! We accomplished so many projects and shared God's love with everyone we met. We had a total of 30 campers, 2 CITs, 3 Interns, & 12 drivers during the week for a grand total of 1036 volunteer hours!

Some of the highlights from the week include:

- Cleaning & organizing the GSA Thrift Store
- Picked up trash at Briar Patch Park & St. Matt's property
- Purchased groceries & packed for LINK
- Built a butterfly garden by the church playground
- Made decorations for VBS
- Assembled toiletry kits for the Nashville Mission trip
- Visited the new Sterling Sheriff's Station
- Cleared trails and had a cookout with families at Claude Moore Park



Kids have already asked to reserve their spot for Mission Possible 2011! Come join us for a week of good deeds, fellowship, games, crafts, treats, & lots of laughter!



Episcopal Church

201 East Frederick Drive  
Sterling VA 20164-2387

CHANGE SERVICE REQUESTED

NON-PROFIT ORG.  
US POSTAGE  
PAID  
STERLING VA  
PERMIT NO. 9