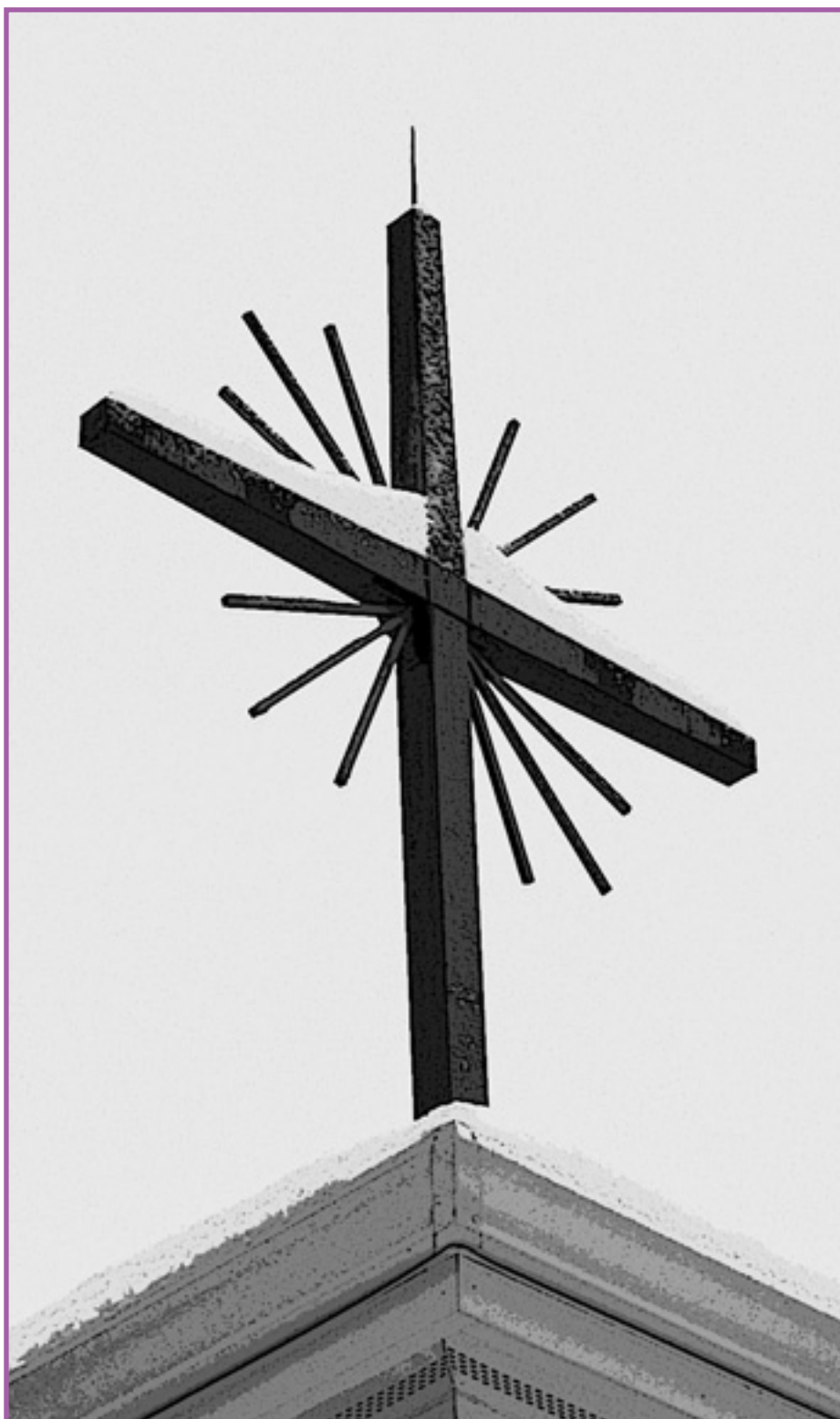




Saint Matthew's Episcopal Church

201 E. Frederick Drive
Sterling, VA 20164

February 2004



O God of unchangeable power and eternal light: Look favorably on your whole Church, that wonderful and sacred mystery; by the effectual working of your providence, carry out in tranquillity the plan of salvation; let the whole world see and know that things which were cast down are being raised up, and things which had grown old are being made new, and that all things are being brought to their perfection by him through whom all things were made, your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever.

Amen.

The Book of Common Prayer

Page 528

Saint Matthew's Episcopal Church

Calendar of Events – February 2004

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 8AM - Eucharist Rite I 9:15AM - Eucharist 10:30AM - Eucharist Rite II 5PM - G3/Youth Group 7PM - Prayer Meeting	2 7PM - Boy Scouts	3 7PM - AA Meeting 7PM - S-Anon (12-Step program)	4 7PM - English Classes 7:30PM - G3 Bible Study	5 9AM - Flower Ministry 3:30PM - Girl Scouts - Weller 6:30PM - Girl Scouts - Wilson 7PM - Music Rehearsal 7:30PM - Worship Commission	6 <i>Parish Retreat Starts</i>	7 8AM - Men's Breakfast 9AM - Flower Ministry 7PM - AA Meeting
8 8AM - Eucharist Rite I 9:15AM - Eucharist 10:30AM - Eucharist Rite II 7PM - Prayer Meeting	9 7PM - Boy Scouts	10 7PM - AA Meeting 7PM - S-Anon (12-Step program)	11 7PM - English Classes 7:30PM - G3 Bible Study	12 9AM - Flower Ministry 6PM - Girl Scouts - Colon 7PM - Music Rehearsal	13	14
15 8AM - Eucharist Rite I 9:15AM - Eucharist 10:30AM - Eucharist Rite II 5PM - G3/Youth Group 7PM - Prayer Meeting	16 <i>Presidents' Day</i>	17 7PM - Strategic Planning Meeting 7PM - Vestry Meeting 7PM - AA Meeting 7PM - S-Anon (12-Step program)	18 7PM - English Classes 7:30PM - G3 Bible Study	19 9AM - Flower Ministry 3:30PM - Girl Scouts - Weller 7PM - Music Rehearsal	20	21 8AM - Men's Breakfast 9AM - Flower Ministry 7PM - AA Meeting
22 8AM - Eucharist Rite I 9:15AM - Eucharist 10:30AM - Eucharist Rite II 5PM - G3/Youth Group 7PM - Prayer Meeting	23 7PM - Boy Scouts	24 <i>Shrove Tuesday</i> 7PM - AA Meeting 7PM - S-Anon (12-Step program)	25 <i>Ash Wednesday</i> 7PM - English Classes	26 9AM - Flower Ministry 6PM - Girl Scouts - Colon 7PM - Music Rehearsal	27	28
29 8AM - Eucharist Rite I 9:15AM - Eucharist 10:30AM - Eucharist Rite II 5PM - G3/Youth Group 7PM - Prayer Meeting						9AM - Flower Ministry 7PM - AA Meeting

9:00 a.m. to 12:00 p.m. - Monday through Friday - A Classroom of Discovery. Will not meet Feb. 13, 16

From the Rector

Dear Friends,

Why “pledge”? That is, why make a financial commitment to a church? As one who has always been something of a contrarian (and proud of it—another character flaw, no doubt!), I have found myself wondering whether or not this is really necessary.

Honestly, I suppose I don’t believe it is necessary. But with equal honesty, I do believe it is helpful. Much like prayer or Bible reading or attending church itself, when practiced correctly it is a “spiritual discipline” or “habit” that will produce its own form of unique growth.

An athlete dedicated to peak performance engages in different types of training. She will likely do strength training, for instance, to develop her muscles. She will probably include some type of aerobic training to build endurance as well. There will be the practice of certain routines designed to enhance specific skills; attention to diet to maximize energy; visualization to embed the goal clearly in her mind.

So also the various spiritual disciplines develop different aspects of the spiritual life. For the person who is serious about spiritual growth, none of these disciplines can afford to be neglected.

At the start of a year (or a little before, actually), Linda and I will look at what we feel God is calling us to give in the year to come. And then we commit ourselves to doing so, both privately and in the form of a pledge to the church. We make sure that commitment really is a response to our prayer and not just what we can afford; that it really will stretch our faith. We also try to increase it each year, if for no other reason than we’d like to think we are growing in generosity (for us, this now means giving more than 10% of our income).

If we did not do this, I can pretty much guarantee you that as the year went on we’d find reasons not to give as we hoped. Unexpected expenses, unforeseen desires (A new type of day lily has been developed? It costs \$50 and I need at least a dozen? What a bargain!), and the amazing ability to rationalize would all

take their toll. And our hearts, like our lives, would slowly and perhaps immeasurably at first begin to be turned in towards ourselves and our “needs”. We would miss the adventure of faith in seeing how God provides in ways that up front literally did not seem possible. We would miss the chance to make a concrete statement of our trust in God for the future, both for the church and for ourselves.

And I guess that is why I’d commend this discipline to you. I believe you will find in it a vehicle, a tool, which by God’s grace and with His help, will take you somewhere you will not be able to go without it.

For those who have pledged, thanks. May this commitment indeed be a path to knowing the fullness of life that God intends for you to know. For those who have not yet made a pledge, please prayerfully consider doing so as a way of growing in grace in 2004. For those of us who are not yet sure about what we believe about God or the church and your place in it, please know that we are far more interested in your soul than in your money, and so would suggest that you refrain from pledging until that time when, as an expression of your faith, it seems right to do so.

Faithfully,
Rob †

ARNOLD SCHWARZENEGGER AND THE SEASON OF LENT. With the new release of *Pumping Iron* on DVD—the story of Arnold’s stratospheric rise to fame as bodybuilder and one of only a handful of DVDs that I actually own—I thought I might continue the fitness metaphor from the opening letter and apply it to the upcoming season of the church year. Arnold didn’t get to where he was by simply trying to be Mr. Olympia—he did so through diligent training. In much the same way, no one gets to be a better Christian simply by trying. What is required, as in every other area of life, is training. And that, friends,

From the Rector cont.

is what Lent is really all about—soul exercises, if you will, that if done properly and regularly will help us better receive God’s grace and become spiritual powerhouses. I hope you’ll join us in making the most of this opportunity.

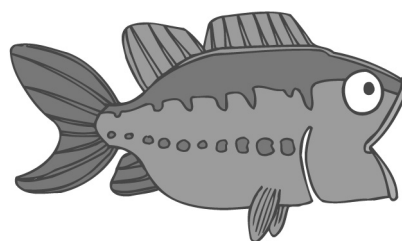
LENT begins on Ash Wednesday, February 25. Our services will be at 6:00 a.m., 12:00 noon, and 7:30 p.m. All will include the Imposition of Ashes and Holy Communion, Rite 1. Please mark your calendars accordingly.

LENTEN SERVICES. The Worship Commission has suggested the following changes for our Sunday services. We hope this will set apart the season of Lent and highlight its call to self-examination and repentance. The 8:00 a.m. and 10:30 a.m. services will begin with the Penitential Order, including the Ten Commandments on the First Sunday of Lent. The Kyrie (*Lord Have Mercy*) will be substituted for the Gloria. And, of course, no “Alleluias” will be sung or said. To help us out with this, we will use the Agnus Dei (*O Lamb of God that takest away the sins of the*

world...) for the Fraction Anthem (the words said at the breaking of the communion bread or Priest Host).

LENTEN PROGRAM. Anyone who remembers what a fine job Karen Strong did on this last year will look forward to the program she is offering this year. If you were not able to make it last Lent but are thinking about doing so this year, let me assure you that you are in for a treat! Please find details in the specific announcement on this program found elsewhere in the newsletter.

I'd like to take this opportunity to express my gratefulness to all those who have so generously supported the Rector's Discretionary Fund in the past year. Thank you! Fr. Rob †



FR. DEMOTT UPDATE

I was pleased to exchange Christmas greeting with Fr. DeMott this past Christmas, in part to thank him for the fine work he did at Saint Matthew’s as one of our previous Vicars. He reports that though “retired”, he is still very active. Knowing how hard he worked here, I don’t think that will come as a surprise to anyone!

I thought you might like to see what he is up to these days:

- Adjunct Clergy, Saint Mary in the Hills, Blowing Rock, NC
- Four years as dean of his deanery in the Diocese of Western North Carolina
- Four years as Priest in Charge at Church of our Savior in Newland, NC
- One year as an “appointed” council member in the Town of Seven Peaks, and recently elected to a four year term
- Chairperson of an environmental organization in western NC

Fr. DeMott also asks that your remember his wife in your prayers as she is suffering from poor health.

Did You Know?

If you missed a sermon, or would like to share a copy with a friend, you can find them posted on our web site:

www.stmatthewssterling.org

It is also a good way to keep up on the latest news and information at Saint Matthews.

Basic Christianity 2004 Lenten Series and “Souper Suppers”

Saint Matthew’s will offer a five-week teaching and discussion series on Wednesday evenings during Lent. The series this year will be built around John R.W. Stott’s excellent small book, *Basic Christianity*. Participants will have an opportunity to explore and discuss such issues as . . .

- Who is Jesus?
- What about sin?
- Why did Jesus die and what does that have to do with us?
- What does it mean to be a Christian?

The Lenten Series will begin on March 3 (the week after Ash Wednesday) and conclude on March 31. Each session will begin at 6:30 p.m. with a simple “souper supper” in the Parish Hall. We’ll start the program at 7:15 p.m. with a short overview session followed by small group discussion, and conclude with Compline by 8:30 p.m.

We have a limited number of the books to fit the expected size of the group—sign up soon so you can be sure to get your copy of the book in advance. A sign up sheet is on the bulletin board in the Parish Hall, or you may sign up by emailing the church office at office-manager@saintmatthewsterling.org. There will be a nominal charge for the book and voluntary contributions for the suppers. For further information, contact the Lenten Series coordinators, Karen and Greg Strong, at 703-404-2051.



Music News

As the new year brings new hopes and promises for us all, I am happy to say that the joy and blessings of new voices have found their way to Saint Matthew’s! Both the 9:15 a.m. and 10:30 a.m. services have new voices to praise God. Please welcome Nancy Switkay and Alan Davenport. How glorious to worship in song, and how wonderful it is for me to share in that gift with you here at Saint Matthew’s. Thank you all for your sweet spirits. We are still in need of a music librarian to help us organize the music for the services. Anyone interested please talk to me or just grab anyone in the choirs and let us know. We will be glad to have you! ~ Nancy Prestipino

Sunday School News

The holiday season was a busy one for our Sunday School classes. For our outreach project, we watched a video sent to us by Samaritan’s Purse about the children who receive the shoe boxes from Operation Christmas child. Our children responded to the video with great warmth and compassion that were wonderful to see. They eagerly filled 28 boxes and wrote notes to the recipients. Overall, it was a great experience for both kids and teachers. Many thanks to everyone in the congregation who contributed to this effort.

On the first Sunday of Advent, the children had a special lesson on the significance of the season capped off with a wreath-making project which was enjoyed by all.

Early in February we will be having a Jesus Loves Me/Valentines Day party followed by a special Lent lesson and activity at the end of the month.

Saint Matthew’s Touches Lives

Saint Matthew’s reached out to local families in a big way at Thanksgiving and Christmas. Parishioners shared thirty five gently-used coats, fourteen bags of food, and two warm blankets during November. The Holiday Coalition distributed these to needy families prior to Thanksgiving.

Our Holiday Star Tree was an even bigger success. Two hundred Stars provided gift ideas to supply complete sets of gifts for at least two boys and two girls in each age category; infant/toddler, child, teen, and adult. We far exceeded that goal! We collected over 374 gifts! All of these gifts became part of the Holiday Coalition “Store”. The distribution site, carefully set up as a large department store, provided parents the opportunity and dignity to select the gifts for their own children. Volunteer shoppers helped the guests select an assortment of gifts and assured an even distribution to all of the applicants. Saint Matthew’s youth helped stock the store. Seventy eight families participated in our collection. In addition to all of these wonderful new gifts, we collected four large boxes full of Christmas decorations. These helped brighten many homes. Thank you all for being so generous.

Part of the Holiday Coalition’s mission states “We believe that a single act of kindness can be the turning point toward a brighter future for those in need.” Saint Matthew’s continues to be known for its many acts of kindness.

~ Merry Breed, Project Organizer

Spiritual Formation

The Spiritual Formation committee continues to plan and execute activities that are designed to enhance an individual's spiritual formation. You are welcome and invited to participate in as many of these activities as you wish. Please mark the items of interest in your calendar so you do not miss out. The activities are designed for individuals of all ages in all aspects of spiritual development. If you have any questions about any of the activities, please feel free to contact any member of the Spiritual Formation Committee or Richard Leach (703-421-6310). Everyone is welcome to attend the next Spiritual Formation Committee meeting on Tuesday, February 10, at 7:00 p.m. at the church.

Sunday School	Sundays - 10:30 a.m.	Classes for pre-K through 8th grade
G3 Youth Group	Sundays - 5:00 p.m.	Youth group for middle schoolers and high schoolers
High School Bible Study	Wednesdays through Feb. 18 7:30 p.m. - 8:30 p.m.	Led by Tom Leary and Richard Leach
Parish Retreat	February 6 - 8, 2004	Massanetta Springs Conference Center, Harrisonburg, VA
Episcopal Worship Service and Eucharist	February 22, 2004	Led by Father Rob
30 Hour Famine	February 27 & 28, 2004	Youth activity led by Tom Leary
Lenten Series	March 3, 10, 17, 24, & 31, 2004	Led by Karen and Greg Strong
Youth Retreat to Creation Fest	June 23 - 26, 2004	
VBS	July 2004	
Youth Service Project	Summer 2004	

Vacation Bible School ~ Coming July 2004

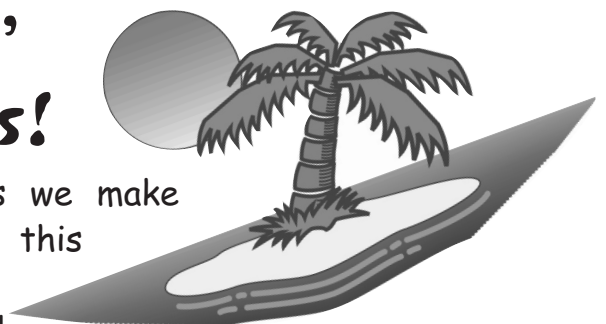
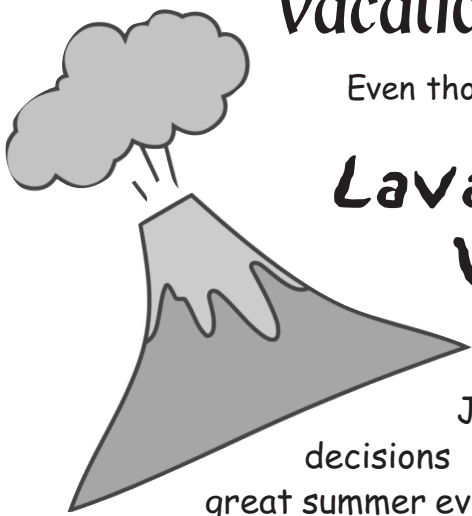
Even though it's cold outside, we're already dreaming and planning for the hottest summer as we set out for

Lava, Lava Island: Where Jesus' Love Flows!

Join the "Core Team" as we make decisions and begin the plans for this great summer event! I am looking for a few people to help the lava flow in the right direction!

I plan to meet with the team once a month beginning in February.

We are excited to be working with three other Loudoun County churches to "go bananas" with our decorating plans. If you are interested in sharing your creative, artistic flair, your talent is needed. For more information about either of the two areas above, contact Jodie Leach: 703-421-6310, or JodieLeach2@aol.com.



Interior Renovation Committee

The completion and installation of the stained glass windows for the front of the church will take place the first week of March. The funding of the windows has all come from personal donations, and we are very excited to see this special addition to our church! Our committee has been focusing on improving the appearance of our Parish Hall these past few months. With additional funds we have replaced the flooring in the Parish Hall and will be replacing the tables and chairs soon.

We also are looking at improving the existing ceiling lighting and possibly adding additional lighting to the Parish Hall. All recommendations are given to the Vestry for their consideration and approval prior to



implementation. As we continue this year with our renovations we would like to hear from you! Your input is very valuable to us as we move forward in improving our church to better serve our ministries and our community.

Over the next few months we will be designing a new outdoor sign. Our sign is a reflection of our church and is often the first thing people see as they drive up to Saint Matthews.

What impression do we want to give? Please give us your thoughts and ideas. Our members are Maria Palmer, Pat Guenther, Heather Sevier, Debbie Denko, Sharon Ferguson, and Linda Clark. Thank you, and we look forward to hearing from you!

Youth Minister's Report

Lately it seems as though I've been shown just how incredible my life is. I feel like everything has been working out great for me. Our baby is healthy; I had an easy purchase with a new car; I've been reconnected with some friends who've grown distant since college (more years than I care to recall). I have a wonderful wife and two great dogs (well, one amazing dog, one great). And I have a close community within the church, with more friends than I can even count.

As I thought about all these great things in my life, I also started thinking about why I have been so blessed in life. While many of you know my life has been far from perfect, all the pieces of my path have led me to this place in life. I've learned to take a critical look at my life and see the differences I've made in other people's lives. I'm beginning to see the good things which go on every day in my life (can you believe I make it into work safely despite all of the accidents recently). Each day—each moment—is a gift given us by God. I pray we are able to recognize the gift He gives us each day.

Peace,
† Tom

From the Treasurer 2004 Stewardship Update

We are off to a terrific start in our 2004 stewardship drive, having received 65 pledges totaling \$204,380. While this is a great start, we anticipate needing between \$220,000 to \$250,000 in pledges to fully support the ministries of Saint Matthew's in 2004. More importantly, we are hoping to grow the number of pledges from our average of 63 over the last five years to 100 for 2004. For those that haven't submitted a pledge card yet, we ask that you prayerfully consider doing so. If you didn't receive a pledge card or misplaced it, extras are available on the table in the back of the church.

Line Of Credit Update

Through December a total of \$43,132 in capital improvements have been funded with the line of credit.

SHROVE TUESDAY PANCAKE SUPPER!
Tuesday, February 12. Look for details
coming up soon!

G3 Activities

It's been an interesting month for us. The biggest thing was our ski retreat. I'm not going to tell you much about that though; Heather was gracious enough to write a great article about the retreat, I hope you'll read her take on the trip (below).

February and Lent are bringing some great activities for us. We'll KICK OFF February with a Super Bowl Party on February 1. The Leach's have offered up their home for a fun-filled night, including watching some football! Please call the Leach's at 703-421-6310 to get directions!

With the beginning of Lent, we will be having a youth led Shrove Tuesday on February 24. We had a great time and a wonderful turnout for this event last year. Hopefully we'll fill up the newly opened parish hall with friends and family as we enjoy this evening for partying.

We'll end the month of February with the 30 Hour Famine, our biggest event. On February 27 and 28 we'll be giving up food for 30 hours straight to try to understand the pain of others who aren't blessed with the abundance of food that we are. This event will be planned by G3, so it's sure to be amazing. We need volunteers to bring soup and food for our closing feast!

Peace,

† Tom

G3 Goes to SHILOH!

For those of you that don't know, the youth group recently took an amazing retreat up to Shiloh. We left on Sunday, December 21 after the 10:30 service (yes, that is why the parking lot was so full) and stayed through Monday evening. The weekend was filled with fun, team building, and most of all a general love for Christ.

We all jammed our luggage into the cars and went off on a very long but pleasant ride (if you don't count the countless "are we there yet?" responses from a few of us) up to Shiloh. The facility was very nice; it included a full length pool, weight room, rock climbing walls, game room (including pool tables and ping pong tables), TV room, basketball court, track, a racquetball room, and many other features that I am unable to remember. All of these activities were put to use throughout our time there.

We had a few hours of free time to get settled in and then had a short study of the life of Jesus led by Mr. Richard Leach. By looking through a packet of Biblical

verses from both the Old and New Testaments, we were all opened to the multiple prophecies that were made and later fulfilled through the life of Jesus Christ. We explored the miracle of Elizabeth and her pregnancy and went all the way through that most holy night when Christ was born. Every person read an excerpt, and then we would openly discuss it and allow questions. Mr. Leach even had a nice timeline set up for us to see how everything played out.

After the Bible study we had a few more hours of free time when some of us went to get tissues and then ate dinner. Afterwards we had a service led by our very own Tom Leary. He gave a very good sermon looking at the Lord of the Rings series and what makes a hero. We explored the character of Sam who stays with Frodo throughout his whole ordeal and looked at how we could do that for others around us. We may not be in the limelight but the behind the scenes work is what makes everything go smoothly. We then ate bread, which wasn't holy but still tasted delicious, and said a prayer and had hours and hours of free time until about midnight when lights had to be out. Many of us played a little game involving lots and lots of Skittles, and others swam in the pool; and from what I hear, sleep didn't come easy; but most of us were eagerly awaiting the day to come.

MONDAY!! We all got up. Some attended a brief morning prayer, while others packed, or slept for an extra ten minutes. We then ate breakfast and piled all of our belongings back into the cars and went off to the Whitetail Ski Resort! We had a range of experiences amongst the group, but by the end it appeared almost everyone was hitting the intermediate slopes. Some even challenged themselves on the larger slopes! It was crazy!! A majority of us were on skis, and five were on snowboards. We had meal tickets for lunch, and everyone had a really great time! The first car that left the resort went at about 4:00 p.m., while others stayed until about 8:00 p.m. By the end I am pretty sure that I can say that we were all exhausted but had an amazing time! We would like to thank all of the chaperones who both drove us up and supported us through out the weekend! It was so much fun!

Amongst all of the fun and games we did have an accident. Thomas Hill was one of the five on a snowboard and broke his ankle. He has been through surgery to get pins put in to strengthen it, and we ask that everyone keep him in your thoughts and prayers. GET BETTER SOON!

One last thank you to everyone who helped out. We all, even Thomas, had a great time and can't wait to do it again!
~ Heather Vereb

PARISH RETREAT

Our parish retreat is only days away. The theme for the retreat is, **Got Purpose - What on Earth Are You Here For.** The retreat will be held at the Massanetta Springs Conference Center in Harrisonburg, VA. The retreat will begin around 7:30 p.m. on February 6 and conclude by noon on February 8. The cost to attend the retreat will be \$100 for adults and \$40 for children (meals included), and scholarships will be available.

A nursery will be available so families with small children are welcome to attend.

The Spiritual Formation Committee encourages all who can to attend. Families and singles are welcome. There will be activities for all age groups.

We need to get a firm commitment of who is planning to come and collect the fee. If you are attending and have not paid please do so as soon as possible by kindly writing a check, payable to Saint Matthew's, for the appropriate fee. Please write on the check "Retreat Fee", and either deposit it in a collection plate, give it to Mark Vereb or Richard Leach, or hand it in at the church office. We need to collect the fees and get a head count of who is attending prior to the retreat. Scholarships are available, so please do not let cost stand in your way of attending this retreat. See Father Rob, Mark Vereb, or Richard Leach as needed to discuss scholarships.

Additional details and directions to the retreat site will be available soon.

PRELIMINARY AGENDA

Friday

5:00 p.m. to 7:30 p.m.: Arrive & Check-in
7:30 p.m. to 8:00 p.m.: Community-Building Games ‡*
8:00 p.m. to 8:15 p.m.: Worship Songs ‡*
8:15 p.m. to 9:00 p.m.: Session I ‡*
9:00 p.m.: Refreshments

1:30 p.m. to 6:00 p.m.: Free Time
6:00 p.m. to 7:00 p.m.: Dinner
7:00 p.m. to 7:30 p.m.: Community-Building Games ‡*
7:30 p.m. to 7:45 p.m.: Worship Songs ‡*
7:45 p.m. to 8:30 p.m.: Session IV ‡*
8:30 p.m. to 9:00 p.m.: Song, Prayer, Worship Time ‡*
9:00 p.m.: Refreshments

Saturday

8:00 a.m. to 9:00 a.m.: Breakfast
9:00 a.m. to 9:15 a.m.: Community-Building Games ‡*
9:15 a.m. to 9:30 a.m.: Worship Songs ‡*
9:30 a.m. to 10:15 a.m.: Session II ‡*
10:15 a.m. to 10:45 a.m.: Small Group Breakout ‡*
10:45 a.m. to 11:00 a.m.: Break ‡*
11:00 a.m. to 11:45 a.m.: Session III ‡*
11:45 a.m. to 12:15 p.m.: Small Group Breakout ‡*
12:30 p.m. to 1:30 p.m.: Lunch

Sunday

8:00 a.m. to 9:00 a.m.: Breakfast
9:00 a.m. to 9:30 a.m.: Pack up, Check-out *
9:30 a.m. to 11:00 a.m.: Worship Service *
11:00 a.m.: Depart

‡ Separate program provided for elementary aged children * Nursery provided

Hospital and At Home Visitation

"I was sick and you visited Me" - Matthew 25:36

We are looking to expand the Lay Eucharistic Ministry to include regularly scheduled "Sick Communion" for those who due to illness or disability cannot attend Sunday worship services. We invite current licensed LEMs, as well as anyone who may feel a calling specifically to this ministry, to contact Matt Brown (703-450-5456). Once there is a sufficient pool of LEMs to support this ministry, it will be added to the bi-monthly schedule. In the interim, such visitations may be conducted on an as-needed basis; please contact the church office if you have such a need.

MINISTRY BUILDERS: If you shop at the **Family Christian Store** in the Dulles Eastern Plaza, we are part of a program they offer called **Ministry Builders**. This means that for any purchase you make, simply tell them you attend Saint Matthew's and they will give you stamps. Much like Green Stamps of old, you turn these into the church office, we put them into a book, and then redeem each book for \$5 towards any church purchase. Thank you!

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The Classroom of Discovery

is beginning registration for the 2004 - 2005 school year. We will continue to offer a two and three day program (9:00 a.m. to 12:00 p.m) and an Adult-Tot program on Mondays from 9:00 to 10:30 a.m. For more information, please call Sheri Brown at 703-927-3333.

DEADLINE FOR SUBMISSIONS

All content for the MARCH newsletter must be submitted by FEBRUARY 13. Content can be submitted in hardcopy or on disk to the newsletter mailbox in the church office.

Content may also be e-mailed to
Newsletter@stmatthewssterling.org.

Saint Matthew's Episcopal Church • Cameron Parish
The Reverend C. Rob Merola • Rector
201 East Frederick Drive • Sterling, VA 20164-2387
Telephone: (703) 430-2121 • Fax: (703) 430-2638
Sunday Service Times: 8:00 AM • 9:15 AM* • 10:30 AM*
*Nursery Provided

Office Hours: Tuesday through Friday, 8:00 AM to 2:00 PM
E-mail: OfficeManager@stmatthewssterling.org
Internet: <http://www.stmatthewssterling.org>